

HEALING HEARTS OF WAUKESHA COUNTY

# Young Adult Ambassador Program

**Young adults promoting peer support groups to help others grieving a loss.**



*Be known as a respected voice of hope and optimism in your social network by promoting a valuable, local resource for those grieving a loss.*

*Boost your resume by proudly volunteering as a Healing Hearts Young Adult Ambassador, showing you're an advocate for a valuable community cause.*

*Warm your heart knowing you've made a positive impact on the life of another young adult.*

**Get Started Now!**

121 Wisconsin Avenue  
Waukesha, WI 53186  
(262) 751-0874

# About Healing Hearts of Waukesha County

*Free, local peer support groups welcome children, youth, young adults and families who grieve loss due to death, divorce, addiction, incarceration, deportation, or military deployment.*

- Healing Hearts is a local, reputable, non-profit organization.
- It has served grieving individuals and families from Waukesha and the greater Milwaukee area for over 10 years.
- Healing Hearts hosts Peer Support Groups for Young Adults, ages 19-30 years old.
- Group programs are structured, reliable, and led by trained, young adult facilitators.
- All group programs are FREE OF CHARGE to attendees.
- Healing Hearts also runs peer grief groups for children, teens, and families, which are a great support for a young adult's family or siblings.



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*It really helps to have this time to talk with people in similar situations. Not everyone in your life knows what you are dealing with.*

- Healing Hearts Peer Group Participant



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*It's been great to find other  
people like me who care.*

- Healing Hearts Peer Group Participant

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*I finally found a place for me!*

- Healing Hearts Peer Group Participant

# What Does a Young Adult Ambassador Do?

**Share the news** that Healing Hearts of Waukesha County runs helpful, supportive peer groups for young adults hurting from a loss.

**Explain the benefits** of connecting with others to work through grief in a safe, shared space.

**Recommend** they participate in Healing Hearts peer group session.

**Connect** them with Healing Hearts.

**Congratulate them** for stepping forward into something new and for investing in their mental and emotional well-being.



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*So many people my age have lost someone they love. It's crazy! Being an ambassador is such a great way to really help them.*



Sara – Healing Hearts Young  
Adult Ambassador

## What are my Next Steps?



- Attend a simple informational training session to gain more information and ask questions.
- No pressure, no hard work, no contract to sign.
- Healing Hearts provides you with physical and digital informational materials to share.

**Just Contact Daryl Powers** at Healing Hearts of Waukesha County and say...  
*"Hi Daryl, I'd like to be a Young Adult Ambassador for Healing Hearts!"*

**Get Started Now!**





Healing Hearts  
of Waukesha County, Inc.

**Thank you  
so much for  
stepping  
forward to  
help others!**



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[www.healingheartsofwaukeshaco.org](http://www.healingheartsofwaukeshaco.org)



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